

PowerFlex®/PowerTape™ Budget Taping Method

Better Protection - Less Money!

**1 roll
PowerFlex + 1 roll
PowerTape = 2 ankles**



Up to 63% cost savings over
Traditional Taping*

*Based on estimated per ankle costs



STEP 1:

Wrap PowerFlex 2" to 3" above the ankle bones.



STEP 2:

Apply PowerTape with 1 top anchor and 3-4 short stirrups.



STEP 3:

Continue wrapping PowerTape with combination Figure 8 and Heel-Lock.



STEP 4:

Finish with 2 circular strips (top and bottom of taping) to close.



Watch the video at www.andoverhealthcare.com



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